

If You Ever Cheat on Me

By

Nouk Sanchez & Tomas Vieira

Like most of us, Tomas and I wanted to be loved. We craved to be adored, cherished, accepted, and loved unconditionally. In other words, we desired an everlasting love that we had never experienced, yet knew deep down was possible.

We met in 1984, after each having experienced a series of broken relationships. We both had fairly “normal” childhoods—ones jam packed with the usual themes of emotional abuse, betrayal, abandonment, and then speckled with the occasional moments of glory and fun. We had learned the survival tricks that most children learn: you play whatever game you must to get attention—a hug, a kiss, etc. As children, most of us generally remain *unseen* by our parents, despite their best intentions. And sadly, we grow up to be “unseen children,” masquerading in adult bodies, still playing the same game. So we actually grew up not knowing who we really were and not having experienced real love—for the former is virtually impossible without the latter.

Unless we are raised by ascended masters in a family who *see* us as the divine beings we inherently are and teach us to believe in what is beyond the ego’s illusory world, we will, as adults, continue the search for love that seemed to be so elusive to us as youngsters—always just out of reach. In other words, as we age we continue to seek the love we didn’t experience as children. We are always trying to *get* love from our worldly relationships—to compensate for that which lacked in our frustrated or somewhat unsatisfying relationship with our parents. In the sphere of romance, we seek an idealized partner, hoping, and in some cases even demanding, that this soulmate will exalt us (just as we wanted our mother and father to adore us). We erroneously assume that he will automatically—and spontaneously—“see” our spirit—hence, know who we truly are—and forevermore reflect our state of absolute innocence in all his “loving” actions towards us.

Tomas and I, indeed, made that very assumption, setting unrealistic expectations for one another. Nonetheless, we were convinced that when we first got together that our romantic love would be eternal and that this relationship was going to meet all our “needs” for sure! Oops . . . we certainly didn’t have a clue what we were in for early on. We didn’t have the awareness back then to even pose the essential questions: “Just exactly **who** am I and **who** are you?” As I previously mentioned, neither one of us had discovered his own distinct self yet. Accordingly, we were following a longstanding psychological pattern: Each of us, solely concerned with our own needs, was looking outward, creating an illusion of love furnished by a separate identity—in this instance, a romantic partner—to fill the void within. We now realize, in hindsight, that it’s always the false self (the ego) that sets this dynamic up—the saboteur with the unconscious mantra, “*seek and do not find!*” (*A Course in Miracles* [CA: Foundation for Inner Peace, 2007], T-12.V.7:1) But, at the time, Tomas and I were entirely unaware of its sinister workings. To outwit or overcome the ego’s insidious trappings requires spiritual help, tools, and a life-long commitment. But that learning came later for us!

Let me bring you back to the beginning. Our relationship was born on a balmy night in 1984. As we lay on the warm sand of a tropical beach, complete with twinkling stars, we were both inspired to express our deeply cherished intent. Our mutual goal was to experience real, indestructible love—a love that was eternal and that could never be threatened. The vow we exchanged was this: “*No matter what and no matter who might seem to come between us, let us never abandon each other.*” As we spoke those words in unison, our powerful commitment appeared to reverberate throughout the universe.

Just before the date of our approaching marriage (three years before beginning our journey in *A Course in Miracles*), I decided to establish a ground rule for our future life together. Feeling strongly that when one makes a romantic commitment to another, one also makes a commit to monogamy, I told Tomas: “If you ever cheat on me, I will need to end our relationship; in fact, I will initiate a divorce immediately.” Looking back, I see I was consumed—obsessed, if you will—with my notion of what a romantic partnership should be. I could not fathom how anyone could make a serious loving commitment, but then intentionally—or unintentionally—ignore that promise and even go so far as to engage in extramarital flirtations or sex. For me, matrimony and infidelity were mutually exclusive. My stance was crystal clear to Tomas and he willingly agreed to comply with my condition. We went on to marry soon after in 1987, and our daughter Rikki was born the following year.

Unbeknownst to me at the time, the provision that I had set *for* us was about to boomerang and literally act *against* us over time. In attempting to protect our partnership from potential harm, I inadvertently brought about the very threat I had so hoped to avoid. I did not know the truth back then: Whatever we fear, we ultimately attract. Here was the part of my unaware mind, working to create the very damaging and dysfunctional relationship I was so desperately trying to avoid at the outset.

Despite our honorable intent, our relationship was rapidly falling apart and by 1990, only six years after committing to our sacred vow, our relationship was on the rocks. In an attempt to try to save our relationship through a frenzy of counseling and research, I came across *A Course in Miracles* and felt, without a doubt, that this *Course* presented the perfect vehicle that would teach us the *means* by which we could experience the love we so yearned for, yet had consistently sabotaged.

Most importantly, the *Course* introduced us to the possibility of achieving a holy relationship, which represents a Love that can never wane or die. The purpose of a relationship such as this is the undoing of the ego, which leads to the elimination of fear and guilt—thus inspiring a spiritual awakening. This is the opposite of the purpose of our worldly relationships, which the *Course* calls “special relationships.” For the ego’s goal in the seemingly special union actually is to reinforce fear and guilt, thereby ensuring the continuation of its separated consciousness. Special relationships are nothing more than the ego’s very distracting and shabby substitute for our original relationship with God.

The *Course* further illustrated just *why* our relationships with partners, friends and family often start out loving, only to frequently disintegrate over time. In its Preface, there is a passage that speaks of the “scarcity principle” that governs our world of illusions. Speaking about the ego’s version of ambivalent love it aptly states, “we seek in others what we feel is wanting in ourselves. We ‘love’ another in order to get something ourselves. That, in fact, is what passes for love in the dream world. There can be no greater mistake than that, for love is incapable of asking for anything.”(ACIM, Pref. xi) The “special (conditional) relationship” is the ego’s chief weapon, in that it is used unconsciously by the ego to separate instead of to join. In this world run by the ego, we cannot know genuine love until we begin to undo the ego’s thought system in our minds.

While I enthusiastically embraced the *Course* from the outset, Tomas initially felt a very real threat—his ego was about to be greatly challenged. His response in those early months of my total immersion in studying the *Course* was to run around in the jungles of Papua New Guinea, and to hang out with a group of native Papuans. This left me alone at home to continue learning this new and radical teaching material. There were no study groups and my family and friends at the time thought I was going nuts. Moreover, I must admit, back then I did misinterpret much of what the *Course* was teaching; so many misunderstandings occurred. Accordingly, I remember this to be a particularly fearful and isolating period for me: At one point, I momentarily gave validity to the doubt of my loved ones and even began to question my own sanity in following this new path. Yet for all the mistakes Tomas and I made, we were kept safe as we learned to recognize and surrender each of them to the Universal Inspiration (Holy Spirit) to be divinely corrected.

During that time we were undergoing much change at the level of “form,” which included the decision to sell our home. With Tomas away, this left me to deal with initiating the sale process, although just before he went on holiday, he arranged for a realtor to visit me the following week. When that morning came, I was looking out the kitchen window and was struck by a most unbelievable sight. I saw a man slowly walking toward our front door with a briefcase and what appeared to be the same green book that had recently become the meaning of my world. “Was he really carrying *A Course in Miracles*? Am I delusional?” A million thoughts and questions burned through my mind. Oh my God, this realtor was indeed a *Course* student and this moment of synchronistic collision really catapulted my faith and trust, helping me to believe that I was *not* insane, but that life instead was playing out perfectly.

John (not his real name) thought that he had come to sell our house, but the Universal Inspiration had an additional and far more profound use for our meeting. We formed an immediate friendship as we both marveled at the *coincidental* meeting of two previously lonely and isolated *Course* students. To my surprise, he shared that his wife, like Tomas, was reluctant to delve into the *Course*, which left him pretty much on his own with this new and seemingly challenging thought system. I remember feeling the most immense gratitude for this man coming into my life; now I had a fellow traveler to discuss and share this teaching with. Suffice it to say that we never did discuss the sale of the house that first day we met, although the necessary paperwork was completed a few days later and our house sold within months.

John and I would meet every week to study the lessons. As time passed, even though our friendship deepened, a growing feeling of unease permeated our meetings until one day I decided to do some radical self inquiry. There was a problem: A shocking thing had surfaced that I was totally at a loss to explain. I realized that I was becoming attracted to this fellow student and that the attraction threatened my entire value system. It was an absolute breach of the condition that I put on Tomas at the outset of our marriage. I was besieged with confusion and guilt even though I had not cheated on Tomas. The mere fact that I felt an attraction to someone other than my husband was enough to spin me out. “Now what do I do?” was my heart-felt question to Spirit. And my answer came almost immediately: “Tell John the truth and allow Spirit to guide you.”

So at our next meeting, I summoned the courage to push through my extreme embarrassment and told John that I was feeling an attraction to him despite still loving my wonderful husband. His response was not what I expected or wanted to hear. He divulged that he was feeling an attraction and was in turmoil and confusion, as well. Luckily, Tomas was due back from his trekking vacation in the Highlands of Papua New Guinea, a few days later. In spite of the terror I felt, I decided that I would need to openly tell him of this attraction I had for John, even if in doing so, I would jeopardize our relationship. I’d learned enough by now that my safest path was to express my vulnerability, rather than to defend it. As long as I was one hundred percent truthful, I would be safe.

The day Tomas returned I couldn’t help but blurt out that I had something extremely important to tell him that just couldn’t wait, despite his urgent desire to unpack his bag and to take a shower. I was so frightened; nevertheless, I sat with him and shared, what seemed for me to be something that could possibly end our relationship. Crying, I told him the whole story about developing an attraction for John. Nothing could have prepared me for what came next.

Tomas began to laugh and laugh; his laughter escalated until I couldn’t help but join him. Then, in the next minute, he blurted, “Have I got something to tell you!”

In a surreal moment that seemed to stand apart from time, he told me that while we were married he had had not just one affair, but three! I heard him speak; yet in me, there was a strange sense of peace. Not one judgment arose in my mind and I could not locate a single negative emotion. And suddenly and unexpectedly, I fell on the floor in raucous laughter only to find Tomas had fallen beside me. We both dissolved into a joined state of hilarious communion; it was a truly holy moment, where all seeming sins disappeared and what remained was total love. Profound forgiveness took place both in me and in Tomas. In that Holy Instant, our authentic relationship *began . . . six years after* we exchanged our original vow that starry night to discover the nature and purpose of indestructible love.

Until that moment, Tomas and I had experienced the classic “special relationship,” as characterized by the *Course*—complete with unrecognized codependency and

compulsory constraints, all of which were the ego's utterly insane defenses against truth and, therefore, against love. I instantly realized I had set the stage for Tomas's ego to cut loose perfectly by telling him there was a single provision that could not be broken: Stray and it's over! What I was really threatening him with before our marriage was "Cheat and I will withdraw my love for you." That's the ego thought system in operation right there—always trying to limit love's infinite extension in our minds. In effect, it was saying that our love's lifespan depends on certain conditions being met. And, I knowingly presented him with this addendum after we already had a beautiful vow, promising we would not abandon one another.

In pushing Tomas to specifically agree to my pre-marital ultimatum, I didn't foresee the adverse effects that it would have eventually on both of us. Somewhere deep down, I felt guilty for placing conditions on our love and knew that it was fear—and not an innocent or unconditional love—that motivated me to do so. Tomas, in fact, did breach my terms with not just one affair, but three. His guilt and shame increased with each mistake and I, at the time, was oblivious to it all. For three years, he could not tell me for fear of my leaving him; so while we were "together" as a couple in "form" (marriage) we were certainly not together in "content" (love). Tomas had trapped himself with my condition and doomed himself to a prison of deceit, separation, and isolation. So many times he wanted to confess, but could not bear to face me. When he came close to expressing his vulnerability, he heard my threat ringing in his ears and thus he would retreat into separation again. He felt mired in guilt for renegeing on his promise to me. The consequences of this deceit were that we both felt estranged; in turn, we fixed the blame outward—upon one another for his unspoken actions. This, I now realize, was the ego's projection of unconscious guilt, which is the core and fuel of the ego. Clearly, the waltz of victim and perpetrator was a subtle one.

The dance, however, seemed to come to a halt between us that momentous evening where we forgave each other, for our relationship began to take on a whole new meaning and purpose. That night, we experienced first-hand the *Course's* definition of forgiveness: nothing bad really happened. Once we extended toward one another this "quantum forgiveness," all seeming negative effects literally dropped away. It was as if the past undid itself in our present unconditional acceptance of each other. In this lesson, we also realized that we were never a victim of anything, contrary to what the ego tried to convince us of during the first six years of our relationship. We discovered that neither of us had done anything sinfully wrong, as the illusory world would have judged; we had merely erred. Underneath the mistaken thoughts and resulting behavior, all that had really occurred was a consistent cry for love. In this profound recognition about one another, fear was erased from our hearts for the moment and we were bathed in a grace replete with gratitude.

As to the outcome of my friendship with John: It did not end when Tomas came home from New Guinea. As a matter of fact, we continued to meet regularly and openly, much to Tomas's dismay. Nevertheless, I was guided to continue my friendly relationship with John and that lasted just as long as it took for each of us to learn the lessons we needed. John eventually moved away five months later, but those five months presented Tomas

with an opportunity to undo many of the fears that fed his ego's desire for the dysfunctional special relationship. And as for me, it enabled me to learn to stay focused on my particular issue at the time; that is, it furnished me with a sufficient period to learn to stay true (without guilt) to my own Guidance, despite frustrating my partner's ego's needs. All this served to cement our holy relationship while undoing the special one we had. The circumstances provided a great lesson in forgiveness all around and we were blessed with this awareness and with the willingness to take the challenge on. And grace, too, became our frequent experience, along with the joyful gratitude that grace imparts.

As the *Course* indicates, "Grace is the natural state of every Son of God." (*ACIM*, T.7.XI.2:1) It also instructs us, as I alluded to earlier, that love is our natural state, one to which we have always been entitled by God—even when we have lost sight of it in this dream world via the devious trappings of the ego. Like most folks, intent upon living out the fairy-tale existence of "happily ever after," Tomas and I were distracted from enjoying what was there all along—grace and love—during the first six years of our partnership. In its place, our ego-driven minds nurtured and fueled the special relationship, the illusory world's substitute for God's love. Regardless of our well-intentioned desires to improve the marriage, it had been a no-win situation between Tomas and me, for the utterly insane ego puts constraints on our minds that neither allowed us to give or to receive real love. We consistently wanted love and yet were at a loss as to how to find it, for the devious ego seductively took us down a twisted, dark corridor, which could have had no end in sight were it not for that miraculous moment when forgiveness took place between us that night. A decided shift occurred between us as we soared in the holiness and saw each other in light, as innocent—as one. There was no "special relationship" at that brief moment in time as we rolled around laughing on the floor like playful children: "The holy instant was [our] invitation to love to enter our . . . joyless [marriage], and to transform it into a garden of peace and welcome." (*ACIM*, T.18,VIII.11:1-3) It truly was a profound communion and an initiation of a holy relationship.

Thereafter, as we began our new *true* relationship, this greeting from the Universal Inspiration furthered our commitment to the study of the *Course* and, accordingly, moved us to seriously question the ego-thought system that forever was badgering, if not ruling our minds. While this triggered conflict, we were still motivated to extinguish the old goal of the special relationship with its well-entrenched patterns and replace it with the Universal Inspiration's holy purpose. Accordingly, we began to part the curtain that previously made love so obscure in our earlier relationship. Together, Tomas and I learned that real love needs no defense, because beneath the ego—beneath the false self, love is who we truly are. Once the ego is dissolved, we become aware that Love is. Period. In a relationship, love becomes the natural outcome of prioritizing peace. Love is ultimately known only through its unconditional extension: By giving it without expecting anything in return, we grow to experience that we are love, eternal love. It's not an emotion (although we do feel it at times); and it can't be bought, got, sought, or lost! It can't end or die. It quite simply is!

Despite this knowledge, however, we experienced some bumps in the road as we began again. The pull of the ego was still evident as I found myself falling back into old patterns of denial and projection. As a recovering “victim,” I would still occasionally bait Tomas if I deemed an issue to be too precious (to the ego) to relinquish to the Universal Inspiration. Change is difficult, particularly when it pertains to the ego. The *Course* advises us before doing anything, to always ask, “What is it for?” In other words, “What is my intent or purpose?” We asked this question of ourselves in our day-to-day relationship almost every time we were tempted to act from the ego. Using the tools of present moment awareness and radical self-inquiry, we found to our astonishment that most of the loving things we routinely did for each other were really arising from fear and guilt (stemming from our identification with the ego)—and not from real love, which arises from God. For example, my ego-based thought system drove me to fear that if I didn’t cook most nights, wasn’t attentive to Tomas’s needs, or didn’t look attractive for him, then I might lose my husband. Put differently, most of what I gave in our relationship was driven unconsciously from deprivation and doubt—and not from trusting in the abundance of Spirit. Tomas, too, realized that much of what he did for me in our relationship was motivated by his fear of abandonment. His acts, like mine, were not born out of unconditional love. And these unloving, conditional acts are what we term “ego-stroking” and are usually desired and expected in all special relationships. We soon unearthed for ourselves that the ego’s special love relationship that we had engaged in was definitely founded on deprivation.

The shift in the relationship’s goal meant for us both a withdrawal of ego-stroking; and that was uncomfortable at first, although there was little attraction to regressing to our former way of relating. Once we agreed that the relationship’s purpose was no longer to get our ego’s needs met, we were free to dedicate ourselves wholeheartedly to its *real* aim: the undoing of “the blocks to the awareness of love’s presence.”(*ACIM*, Intro. 1:7) The benefits of this alteration strongly made themselves known. We began to learn to trust the Universal Inspiration, in lieu of the ego, to reinterpret and wipe away all of our judgments. A mighty leap of faith was taken as we applied this most powerful means of transformation and healing. Quantum forgiveness, which was the catalyst for the holy instant, continued to prove to be the wondrous tool that opened our eyes to the possibility of peace between us, rather than the ongoing suffering that simmered under the surface before. Reshaping our relationship, it enabled us to continue to transcend the routine marital bargaining and judgments that we had been accustomed to imposing upon one another and instead partake in an unveiled divine love that was there for the asking.

About seven years after our first significant forgiveness experience, we came to a point where we had grown enough (had full trust in Spirit instead of ego) to see that the ego still claimed a stake in the *form* of our relationship. In our case, the marriage, which is a contract that is supposed to offer security, actually bred insecurity. There remained some doubt within us, which surfaced as fear of losing each other. To Tomas it was the fear of abandonment, and for me it was the fear of freedom.

Despite all the adjustments and corrections we had made on our new path, Tomas and I were still experiencing some conflict, insecurity and fear. I found there still remained

fears within me, specifically those of feeling a victim that I projected onto Tomas to keep the special relationship dance afloat. And he would sometimes join the dance as the seeming victimizer. While observing this phenomenon between us, we concluded that the ego was still hiding in the “form” of our marriage. In our case, it ostensibly offered the ego protection from being fully exposed and then relinquished. We knew that in order to continue our undivided resolve to love each other *no matter what and no matter who might seem to come between us*, we would need to accept higher guidance . . . again. It became obvious to both of us that we still cherished some “specialness” between us and that forgiveness was not complete. For example, I recognized that I still felt obligated to play the role of a good “wife”; however, this was in stark conflict with an inner calling that beckoned me onward into a new phase of life in which I could be free to travel and explore my own spiritual challenges. I needed to surrender the remnants of pseudo-love that presented as my feeling responsible for being a good “wife.” Being incredibly loyal, this posed an uncomfortable challenge; nonetheless, I felt strongly to trust my Self in this decision to follow my calling, despite initially disappointing Tomas and other members of my family.

While our first lesson was that of forgiveness and working towards dismantling our special relationship, the next lesson for us was to learn that the “form” of a relationship meant nothing in truth. In fact, quite often it is the ego’s addiction to the form of the relationship that excludes the “content,” which is love. Once we had discussed our situation and connected with inner Guidance, we both felt strongly directed to go the next step. If love was indestructible and eternal, then no-thing could threaten it. But did we truly believe this? That’s when we took another leap of faith. It was time to surrender the *form* of our relationship. We arrived at a point where the actual marriage, with all its false security, was limiting our opportunity to fall into the trusting arms of love without limits. Soon after, we divorced; but not to separate as the ego would like. We divorced in order to *save* our relationship! Pretty weird stuff, huh? However, that was *our* guidance and we will say here that we don’t recommend this for anyone else. We felt as if we were pioneers at the time and we took our lessons to the extreme. By the way, if you’re tempted to believe that it takes *two* people to practice forgiveness in order to transform a special relationship into a holy one, you are mistaken. As the *Course* explains, there is only *one* of us. The advantage of practicing forgiveness in relationship is this: You are forgiving in the other what you unconsciously harbor within. In each of us, there lies a mass of unconscious guilt deep within our own minds that manifests as the need to condemn others. Thus, extending forgiveness undoes the guilt that impedes our ability to experience both love and happiness.

In conclusion, it has been more than thirteen years since we officially relinquished the marriage. And we love each other now infinitely more than ever before. We do not have a romantic relationship; nevertheless, we have something far more profound! Tomas is the first person to have ever *seen* me. And I am the first to have seen him. As was mentioned earlier, we come into this world unseen and grow up unrecognized. We manufacture a false self that believes it is unworthy at its core, yet spends its life seeking innocence and love in impossible places. We crave to be seen, to be accepted, and to be cherished. We desire to know love as our Self; yet, such love is unattainable through the ego. The

profound nature of the love that is extended between Tomas and me now is entirely unassailable. It reaches far past our notion of time and space and the limiting idea of bodies. For me, Tomas saw past every ugly, shameful and shocking part of my self (ego); he forgave it all. In doing so, he mirrored to me the worthiness and innocence that lay at my core. He showed me that unlike every relationship I had ever known in the dream of life, in this one, I did not have to *earn* love. Through his unconditional acceptance of me, he demonstrated beyond any shadow of a doubt that I was indeed love. However, in our early practice of the *Course*, it was me who carried the false identity of victim and he of victimizer. And initially as a victim, it was me who seemed to do all the forgiving. Thus, it was in forgiving Tomas that I learned of my own innocence: The more I overlooked his errors, the more I opened to the love inside me. Tomas, through being forgiven, offered me the same healing and this was the gift we exchanged in relinquishing the special relationship.

Most of us seek love from an un-relinquished ego, so the experience we usually have is one where we “seek” love outside while we simultaneously “deny” our unconscious guilt. This always results in projection and that’s when we see conflict in our relationships—especially when it appears to be the other person’s fault. Accepting that all conflict originates within our *own* mind helps us to apply Quantum Forgiveness. And in extending this, our unconscious guilt is undone. Tomas and I learned that what you give, you receive; as we extended forgiveness, we received it. The result was that the love that we tried earlier to “get” from each other was clearly evident *within* us. Love was no longer something we sought. By giving it, we realized that we had it all along! And through *giving* it, we grew to appreciate that love increases as it is shared. This concept is quite the opposite of the ego’s interpretation of love.

Tomas and I discovered an eternal reflection of the absolute innocence that lay perfectly undisturbed by any seeming past. We have learned so much from seeing and experiencing each other’s needs as not apart from our own. We each learned to drop our defenses, our destructive values, our false images and insane expectations. We grew to see the other without shame or guilt in anyway. And . . . we kept our original vow: that “*no matter what and no matter who might seem to come between us, let us never abandon each other.*” We had finally learned that the only purpose for any relationship was not to get our ego needs met, but to *wake-up* from the dream of suffering; that in overlooking error in each other, we came home to our Self . . . and for that, we remain eternally grateful to one another.

The forgiveness we experienced around our marriage, although significant, was only *one* of the thousands of forgiveness opportunities we’ve had so far. The near loss of our daughter was by far our largest forgiveness experience. It is a miraculous story that we share as a very helpful lesson in our workshops. In furthering our experience of living the *Course*, we continue to practice forgiveness every day. However, the story of our marriage, our first extensive forgiveness experience, surfaced as the prime catalyst for transforming not just our relationship, but *all* of our relationships. As was stated earlier, Tomas and I ended our marriage in order to save our relationship. (In this instance, the marriage was the “form” and the relationship [the unconditional love] was the “content.”)

So we saved the reality—that is our *ongoing relationship*—and it’s that one that continues to deepen day by day. Tomas and I, although no longer married, travel extensively together, presenting workshops world-wide. We still push each other’s buttons occasionally, but we are now quick to remember the gratitude we have for these times, because without them we’d never know just where the remainder of the ego thought system is hiding! Consequently, our devotion to—and appreciation of each other—has eclipsed all of our earlier ideas of what love and relationship *was*. Certainly this love is a reflection of the divine and uninterrupted love that had remained hidden from our awareness until we applied forgiveness to all we had mistakenly believed assailed us.

About the Authors: Nouk Sanchez and Tomas Vieira are the authors of best-seller *Take Me to Truth, Undoing the Ego*. Initiated by *A Course in Miracles*, their seventeen-year Spiritual Awakening journey led to the almost total deconstruction of their lives and belief systems before emerging from the process together. The result is this profoundly practical guide that clearly defines the blocks and the stages involved in Spiritual Awakening. They now travel the world together facilitating their “life-changing” workshops. www.TakeMeToTruth.com